

## Day 1 Sunday May 6th

250H	Girls U/15 & U/16 (2'3")
250H	Boys U/15 & U <b>Ball Throw</b>
300H	Girls & Boys U, Girls U10/ -U/13
300H	Girls U 18 & 19
300H	Boys U 18 & 1 <b>Long Jump</b>
80m	Girls/Boys U/8 Girls U10 - U17 & U18&19
200m	Girls U 12 - U 17
200m	Girls U 18 & 1 <b>Discus</b>
80m	Boys U/12 - U, Boys U14 - U17 & 18&19
100m	Boys U/15 - U/17
100m	Boys U 18 & 1 <b>Javelin</b>
200m	Girls Final
300m	Girls & Boys U, Girls U13 -U17 & U18&19
500m	Girls & boys U/11
500m	Boys U /12,13,14
800m	Girls U 12 - U17 <b>High Jump</b>
Walks	Girls U/16 - U, Boys U12 -U17 & U18 &19
Walks	Boys U/15 - U17 & U18&19
400m	Boys U/15 - U17 & U18&19

### Relays

4 x 100m	Girls & Boys U, U/17 U18&19
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Juvenile U 18 & U19 will compete as one competition  
Juveniles are confined to their own age group except in relays where they can move up one age group  
U13 may compete in U/14 walks at county championships only  
Junior athlete is U 17, 18, 19, & 20  
All Junior athletes can compete in senior events  
All Junior, Senior & Master athletes must declare which category they wish to compete in before the start of any competition

## Day 2 Sunday May 13th

60m	Girls & Boys U <b>High Jump</b>
60m	Girls & Boys U Girls U 12,13
200m	Boys U 12 - U 17
200m	Boys U 18 & 19
80m	Girls U/12- U/14
100m	Girls U/15 - U, <b>Shot Putt</b>
100m	Girls U/18 & 19 Girls U10 - U17 & U18 &19
200m	Boys Final
200m	Girls Boys & U/8 & U/9
500m	Girls & Boys U/10 & U/11
500m	Girls U / 12,13 <b>Javelin</b>
800m	Boys U 12 - U17 Boys U 13 - U17 & U 18 &19
300m	Girls U/18
Walk	Girls U/14 & U/15
Walk	Boys U/14 <b>Ball Throw</b>

Boys U/10 - U/13

### Long jump

Boys U 10 - U17 & U18 & 19

### Relays

4 x 100m	Boys & Girls U/10,U/12, U14, U/16
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Juvenile U 18 & U19 will compete as one competition  
Juveniles are confined to their own age group except in relays where they can move up one age group  
U13 may compete in U/14 walks at county championships only  
Junior athlete is U 17, 18, 19, & 20  
All Junior athletes can compete in senior events  
All Junior, Senior & Master athletes must declare which category they wish to compete in before the start of any competition

### Day 3 Friday May 25th @ 6.45pm

200m Girls & Boys U 8 & U9  
 300m Girls & Boys U **High Jump**  
 Girls U14 - U17 & U18&U19

#### Hurdles

60m 2'3" - Girls & 2'3" - Girls & Boys U/12  
 60m 2'3" - Girls & 2'3" - Girls & Boys U/13  
 75m 2'3" - Girls U/: 2'3" - Girls U/: **Discus**  
 75m 2'6" -Boys U/ 2'6" -Boys U/ Girls U 14 -U17 & U18 & 19  
 80m 2'6" - Girls U/15 2'6" - Girls U/15 & U/16  
 80m 2'9" - Boys U/ 2'9" - Boys U/15  
 100m 2'9" - Boys U/ 2'9" - Boys U/ **Shott Putt**  
 100m 2'6" - Girls U/: 2'6" - Girls U/: Boys U10 - U17 & U 18 &19  
 100m 3'0" - Boys U/ 3'0" - Boys U/17  
 100m 3'0" - Boys U 18 & 19  
 100m 2'6" - Girls U 18 **Triple Jump**  
 Boys U 14 -U17 & U18 &19

Finals will be r before hurdle before hurdle positions

800mts Sen & Jun Men & Women  
 800mts Novice Men & Women  
 800m Vets Men O 35, 40 & 45  
 800m Ladies O 30

300m Girls & Boys U12 & U 13  
 1500m Girls U/14 - U/ Girls U 14 -U17 & U 18 &19  
 1500m Boys U/14 - u/18 Boys U14 - U17 & U18 & 19

3000m Junior Men Junior Men  
 3000m O/40 & Senior & O/40 & Senior & team score  
 3000m Junior Women Junior Women

### Day 4 Friday June 6th @ 6.45pm

5000mts Sen Men & Men **Long Jump**  
 Vets O45/O50, Sen & Jun Men  
 Sen & Jun Men & Women

#### Hurdles

100m 2'9" - junior Women  
 100m 2'9" Sen. Women **Shott**  
 110m 3'3" - Junior Men Vets O45/O50, Sen & Jun Men  
 110m 3'3" - Sen. Men Sen & Jun Women

200mts Sen & Jun Men **Triple Jump**  
 200mts Men O 45/50/55 Sen. & Jun. men

Walks Sen & Jun Men **Javelin**  
 Sen & Jun Men & Women

400mH Sen & Jun Men & Women  
**High Jump**  
 100mts Sen & Jun Men Sen & Jun Men & Women  
 100mts Novice Men & Women  
 100mts Men O35/O50 **Discus**  
 Sen & Jun Men & Women

1500mts Sen & Jun Men & Women  
 1500mts Men O35/50, Women O30

400mts Sen & Jun Men & Women

#### Relays

4 x 100 Senior Men & Women  
 4 x 400 Senior Men & Women

**Juvenile U 18 & U19 will compete as one competition**

3000m Senior & O/30 Senior & O/30 women & Team score

**Relays**

4 x 400m Girls & boys U/11 Girls & boys U/15 & U/17

**Juveniles are confined to their own age group except in relays where they can move up one age group**

**U13 may compete in U/14 walks at county championships only**

**Junior athlete is U 17, 18, 19, & 20**

**All Junior athletes can compete in senior events**

**All Junior, Senior & Master athletes must declare which category they wish to compete in before the start of any competition**

2'9" - junior Women

2'9" Sen. Women

3'3" - Junior Men

3'3" - Sen. Men



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